# #Choose2BKind: Building Community Through the Exchange of Empathy



## Choose Civility HOWARD COUNTY, MD









www.chooseinsanity.com



# Choose A Lane FOR THE LOVE OF GOD, JUST CHOOSE ONE!

The future of civility in America needn't be dismal. It isn't true that nice guys finish last -- if they are also smart...

I think the new century is going to be a century of connecting. Those (individuals and organizations) that look at others with inherent value will succeed.

-P.M. Forni

## Choosing Civility

THE TWENTY-FIVE RULES

of CONSIDERATE

CONDUCT

P.M. Forni

Cofounder of the Johns Hopkins Civility Project



## 15 Principles of Civility

Pav attention | Listen | Speak kindly | Assume the best | Respect others opinions | Respect others opinions | Be inclusive | Acknowledge others | Accept and give praise | Apologize earnestly | Assert yourself | Take responsibility | Accept and give constructive criticism | Refrain from idle complaints | Be a considerate guest

## Vision

We choose to be a model of civility.

## Mission

Valuing diversity, we choose respect, compassion, empathy, and inclusiveness as essential to our quality of life.

## Partners























## Kindness Creates Community Signature Events & Classes

- Coding for Community Hackathon
- Pass it On Book Campaign
- #choose2Bkind sidewalk art & bumper stickers
- Human Library
- Meet the Authors: White House Social Secretaries
- How to Identify and Address Fake News
- Community Dialogue Circles
- Understanding and Supporting Transgender & Gender Non-Conforming Youth
- The Longest Table

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## Choose Civility Themes

2010: The Role of Civility in Democracy

2011: Building a Responsible, Bully-Free Community

2012: Would It Kill You to Be More Civil?

2013: OMG to AARP: Bridging the Multigenerational Divide

2014: The Ball's in Your Court: Can Civility and Sports Coexist?

2015: Would You Say That to My Face?

2016 - 18: Kindness Creates Community

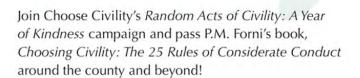


### 2016-2018: Kindness Creates Community

## #choose2Bkind

ChooseCivility.org

## Pass It On!



Look for copies at Howard County Library System branches, Columbia village centers, Columbia Association gyms, senior centers, Little Free Libraries, and other locations.

 Register it at ChooseCivility.org. Tell us your book number and where you plan to read it.

- Read it.
- · Share it on social media with #
- Pass it to someone else to regist place (a bookplate inside the fr

Return to ChooseCivility.org througho have traveled. It's Random and it's Kin

- Register it at **ChooseCivility.org**. Tell us your book number and where you plan to read it.
- Read it.
- Share it on social media with #choose2Bkind.

Choosing Civility

THE TWENTY-FIVE RULES of CONSIDERATE

 Pass it to someone else to register, read, and pass—or leave it in a public place (a bookplate inside the front cover gives directions to the next person).

SUNDAY	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5	SATURDAY 6
	Share this Random Acts of Civility Calendar	Create a kindness challenge for your family (#choose2Bkind)	Seek to understand someone with a different viewpoint	Make blankets for sick children (ProjectLinus.org)	Organize a food drive for the food bank	Clean off gym equipment when you finish
7	8	9	10	11	12	13
Be kind to yourself — be spontaneous	Buy coffee for the person in line behind you	Apply to be part of the Human Library (choosecivility.org)	Consider the person receiving your message or reading your online comment	Be an ally	Help a neighbor shovel snow	Organize a game night with friends or family
14	15	16	17	18	19	20
Be kind to yourself — try something new	Participate in the MLK Jr. National Day of Service	Explore ways to observe the National Day of Racial Healing	Share stories of kindness on social media with #choose2Bkind	Take treats to your local police or fire station	Be inclusive	Check on an elderly or shut-in neighbor
21	22	23	24	25	26	27
Be kind to yourself — take a map	Tell a manager about great service	Think the best	Explore local social justice training opportunities	Bring a healthy treat for coworkers	Give someone the benefit of the doubt	Host a potluck with your neighbors
28	29	30	31			
Be kind to yourself — go for a nature walk	Read, register, and pass on Choosing Civility: The 25 Rules of Considerate Conduct	Tell a family member how much you love them	Offer to babysit for a friend	Choose Civility Calendar JANUARY 2018  Random Acts of Civility Calendar JANUARY 2018  #choose2Bkind  ChooseCivility.org		
			4	4		



## BOOK LIST for adults

#### FICTION





#### BOOK LIST for workplaces

#### NONFICTION

Intelligence
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McKay

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How to Win Friends and Influence People



## BOOK LIST for children

#### **EASY PICTURE BOOKS**

Call numbers follow the "E Abc" pattern, using the first three letters of author's last name. for example:

E Ber

Martha Doesn't Say Sorry

by Samantha Berger

You Will Be My Friend! by Peter Brown

The Quiltmaker's Gift by Jeff Brumbeau

Henry and the Bully by Nancy Carlson

The Cloud Spinner by Michael Catchpool

I Denest Den't Chest by Margery Cuylor



## BOOK LIST for teens

for Civility: a on it by Os G YA Avi Nothing But the Truth a Civility in t Work by Ca YA Bro The Moves Make the Man Bruce Brooks Civility: Wha by Pier Mass YA But The Truth About Truman School Dori Hillestad Butler ty Solution b YA Col My Brother Sam is Dead How To Sur James Lincoln Collier es, and Quag Galanes YA Dra Out of My Mind Sharon M. Draper lashington's Behavior: ar

YA Hol Operation Yes
Sara Holmes
YA How The Misfits

YA Kel The Evolution of Calpurnia Tate
Jacqueline Kelly

James Howe

VA Kor Doo

#### MEAN GIRLS

Learn how to negotiate the social world of female friendships with expert Deborah West.

 GLENWOOD
 Oct 4
 Thu
 6:30-8 pm

 SAVAGE
 Nov 1
 Thu
 6:30-8 pm

 CENTRAL
 Nov 29
 Thu
 6:30-8 pm

Sponsored by the Horizon Foundation and the Women's Giving Circle.

#### KEEP IT CIVIL: STRAIGHT TALK TEEN-TO-TEEN

Join us for a facilitated panel discussion exploring civility in daily life for teens. Adult panelists and student members of Howard County Voices for Change explore issues of stress, wellness, bullying and friendships, presenting practical information to assist you in making positive changes in your life. For teens and parents.

MILLER Oct 16 Tue 7-8:30 pm

Sponsored by Howard County Voices for Changes.

#### JUNIOR DIPLOMATS

What if you were chosen to represent your community at an international event? Learn the etiquette of diplomats: how to greet others and hold a conversation, table manners, and decorum. Finger foods served. Ages 6-8; 45 min. Registration required.

EAST COLUMBIA Wed Sep 26 2 pm Ho. Co. schools closed

#### EXCUSE ME, PLEASE & THANK YOU

Prepare your toddler to learn good manners and practice civility through literature, songs, and a craft. Ages 18-36 months with adult; 30 min. Registration required.

GLENWOOD Wed Oct 3

10:30 am



Learn how Elephant and Piggie "Choose Civility" and are always kind to each other. Ages 4-7; 30 min. Tickets required.





#### A WORLDWIDE MOVEMENT FOR SOCIAL CHANGE

#### **DON'T JUDGE A BOOK BY ITS COVER**

"The Human Library™ is designed to build a positive framework for conversations that can challenge stereotypes and prejudices through dialogue.

The Human Library is a place where real people are on loan to readers.

A place where difficult questions are expected, appreciated and answered."

www.HumanLibrary.org

## HUMAN LIBRARY



In March, 2016, Howard County Library System became the first public library in Maryland to host a Human Library event.

Our 17 Human Library Books included:

- People with bipolar disorder and depression
- People of the Muslim faith
- Members of the LGBTQ Community
- A Parsee Zoroastrian
- Person in an Arranged Marriage
- Immigrants from several countries
- Victim of a Hate Crime
- •Allan Kittleman, Howard County Executive

#### **HCLS Human Library Goals**

- •Connect members of the Howard County community who might not otherwise interact
- Facilitate a radical exchange of empathy between community members
- Teach participants about Othering, and help them see around it
- •Encourage People First language and actions, reject "they" groupings
- •Connect Choose Civility with current community engagement needs
- •Further establish HCLS as a community center where everyone is welcome



### **HCLS Human Library Committee**



Alan Simpson Assistant Manager, Savage Branch

Rohini Gupta
Adult Curriculum Specialist,
Administrative Branch



Allison Jessing
Events & Seminars Manager,
Administrative Branch

## HCLS Human Library Books

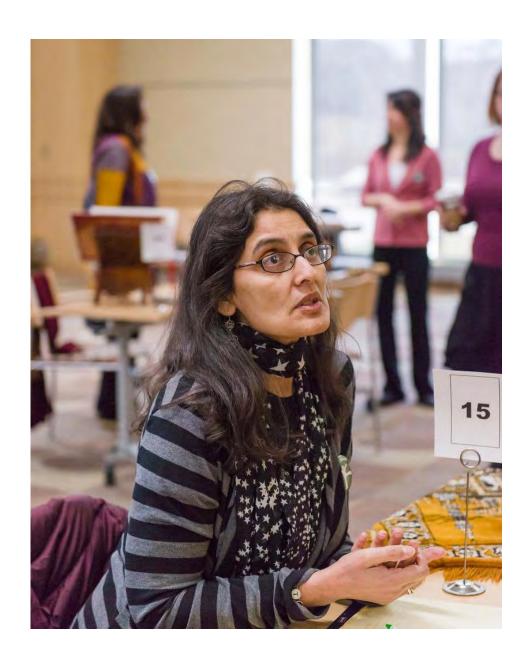




Many Books brought personal and cultural objects to help illustrate their personal story.













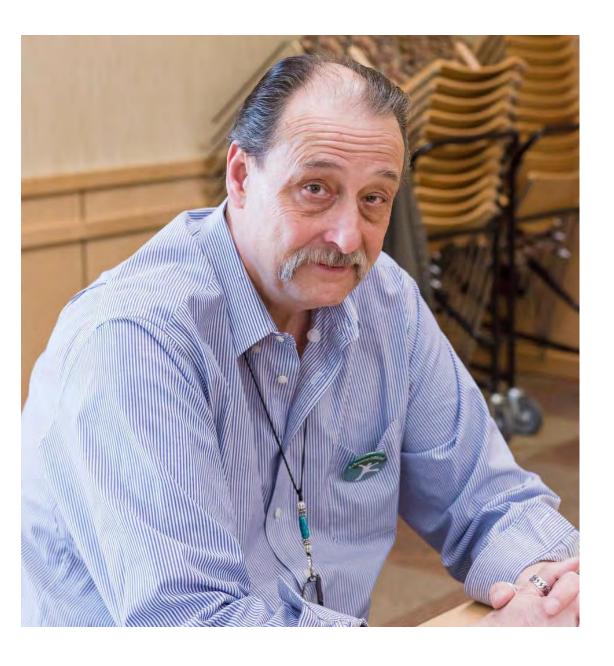
More than 200 people participated in our inaugural event.

Some participated in friend groups and as a family activity.





Many checked out multiple Books.





## Human Library 2018 Saturday March 17, 1-5 pm Miller Branch

#### **Human Books include:**

- ★A Veteran with PTSD
- **♦** An Immigrant
- +Members of the Jewish, Muslim, Mormon and Hindu Faith Communities
- **♦** A Person with an Invisible Illness
- → A Survivor of Domestic and Sexual Violence
- → A Woman of Color & Member of the LGBTQ Community
- A Single Mother & Survivor of Suicide Loss

Apply to be a book at bit.ly/2018HumanLibrary or participate as a reader!







July 30, 2016

Historic Flooding ravages downtown Ellicott City, MD.









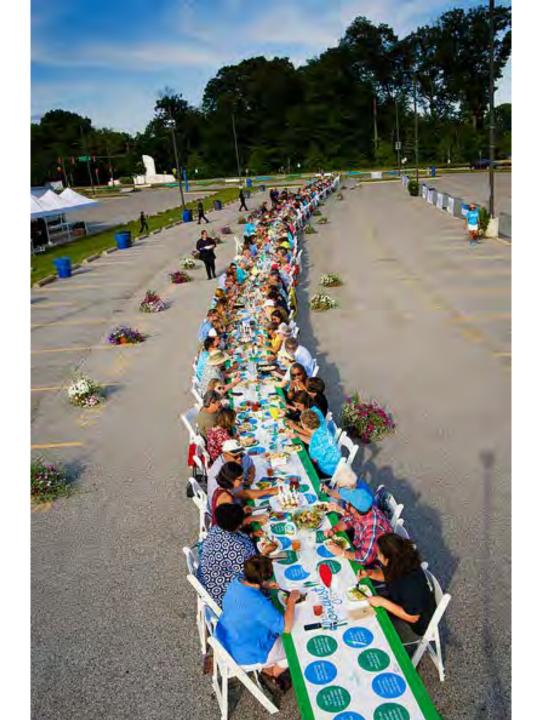


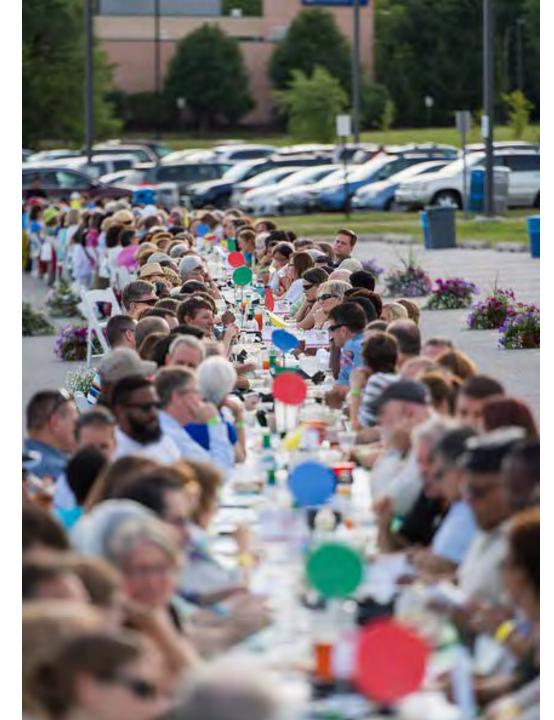






On the Menu: 1Garden salad and dressings 1Chicken Fettucine with Dill (Vegetarian version also available) **lGourmet Breads** lAssorted desserts lUnsweetened iced tea and chilled spring water









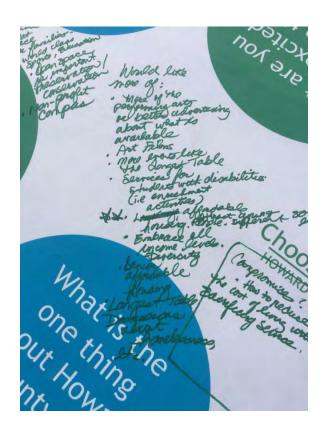


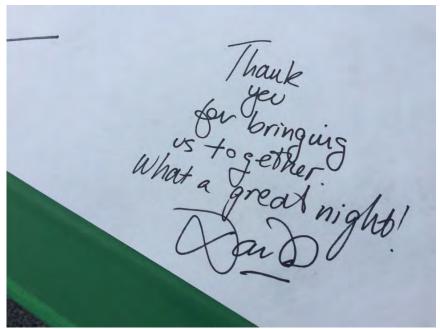




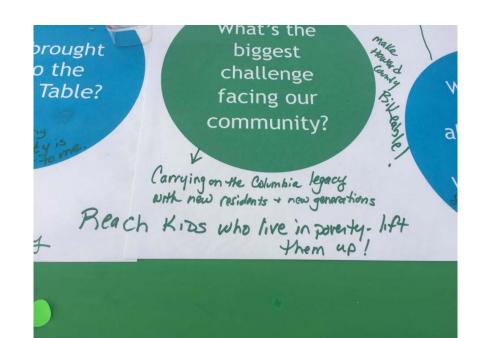


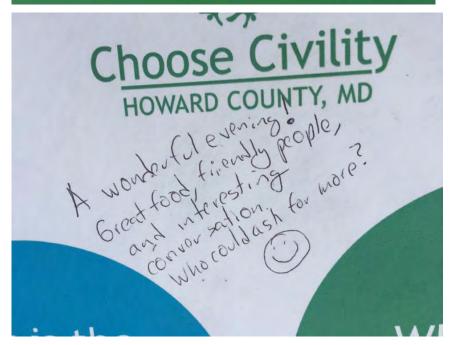














## Thanks to our generous sponsors:

Platinum

Downtown Columbia Arts and Culture Commission Institute of Museum and Library Services

Silver

Columbia 50th Birthday Celebration Friends of Howard County Library System #OneHoward

Supporter
United Way of Central Maryland

In-Kind
BrightView
Columbia Association
Howard Community College
La Prima Catering
Roving Radish
Seasons 52



Presented in partnership with Howard Community College, Howard County Chamber of Commerce, Howard County Economic Development Authority, Howard County Library System, Howard Hughes Corporation, Leadership Howard County, and #OneHoward

## How can YOU get involved?

- Apply to be a Become a Choose Civility Partner Organization
- Apply to be a Human Book at the Human Library! Apply at bit.ly/2018HumanLibrary. Or, attend the Human Library as a Reader!
- Volunteer to be a Table Host at the next Longest Table on June 16, 2018. Sign up at bit.ly/LongestTableHost
- Attend any of our Choose Civility classes or events
- Become a Choose Civility Partner Organization

Visit ChooseCivility.org or HCLibrary.org for more information!



## SAVE THE DATE:

March 17, 2018 - Miller Branch 2nd Annual Human Library

June 16, 2018 – HCC Campus 2nd Annual Longest Table

Dinner

Learn more at ChooseCivility.org

Questions? Email Alli.Jessing@HCLibrary.org

410.313.7798

## THANK YOU!