

EXPERIENCE NEW ENERGY, RESILIENCE, AND WISDOM



*“Profound,” “Life-changing” - Zen Leader comes to the Baltimore/DC area for the 1<sup>st</sup> time*

**SEPT 20-22**

**2019**

**Pearlstone Retreat Center**

5425 Mt. Gilead Rd., Reisterstown, MD 21136



*“This workshop is profoundly moving – both physically and internally – in ways that are larger and deeper than words. Thank you for the transformation. I carry it with me.”*

*-Kate Watters, Executive Director,  
Crude Accountability*

*“The program is outstanding, unique and exceptionally valuable...the ability to tap into and focus basic energy states of human existence is a tool I will use for the rest of my life.”*

*-Tom Gruenwald, CEO, Westell*

## AWAKEN THE ZEN LEADER IN YOU

### BEYOND MINDFULNESS –

feel the power of working with mind-body as one

**Less stress, more resilience**

### BEYOND PERSONAL DEVELOPMENT –

learn how to be a force for positive change

**Less reacting, more co-creating**

### BEYOND CONVENTIONAL LEADERSHIP –

discover a path to purpose and awakening

**Less transacting, more transforming**

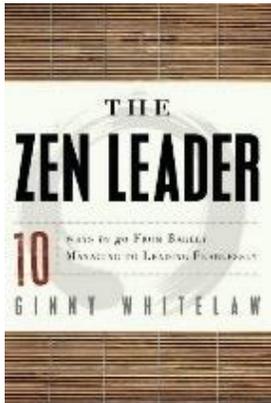
## WHAT YOU'LL GET OUT OF IT:

- New ways to face into challenges and a new “you” facing them - guaranteed
- Physical access to 4 modes of leadership you can apply any time, any place
- Practices for better decision making, stronger influencing, and realizing your vision
- A pathway enlivened by physical Zen training that you can take as far and deep as you want

**[www.zenleader.global](http://www.zenleader.global)**



## LEAD THE WAY



## LEAD BY

**author of *The Zen Leader* and founder of the Institute for Zen Leadership**

**DR. GINNY WHITELAW** is a Zen master in the Chozen-ji line of Rinzai Zen, and a recognized expert in leadership development. Author of 4 books, she has 25 years of experience developing global leaders. Formerly the Deputy Manager for integrating NASA's International Space Station, she holds a Ph.D. in biophysics, as well as a 5<sup>th</sup> degree black belt in Aikido.

## WHO SHOULD ATTEND?

People who want to make a difference, who live and lead on purpose and want to do so with resilience and joy; people who are willing to engage their mind-body-as one to explore a greater experience of who they are.

## ACCREDITATION

The Zen Leader program has qualified for 12 ICF CCEUs in the past. Please indicate if this is of interest to you when you register.

**NO PREVIOUS MEDITATION OR PHYSICAL TRAINING REQUIRED**

## SCHEDULE

**6pm Friday, Sept 20**

**3pm Sunday, Sept 22**

On Sat. and Sun., we start early (6 am). The weekend is carefully balanced with time for meditation, physical training practical application, and reflection.

## LODGING

Lodging options for private and 2-person rooms are available at the beautiful Pearlstone Retreat Center. We ask that all participants plan to stay onsite during the weekend.

## COST

Includes all program materials and meals from Friday dinner through Sunday lunch. Please [register and pay online](#), or you can contact [bill@zenleader.global](mailto:bill@zenleader.global) if you'd like to make other payment arrangements.

**\$ 1460 Program + Private room**

**\$ 1360 Program + 2-person room**

**Questions? Contact: [bill@zenleader.global](mailto:bill@zenleader.global)**

*"Trust the program and Ginny; Zen leadership will open you to infinite sources of energies around and within you."*

*-Florence Lasbennes, Managing Director, 4SD*

*"This program helps you find and release the wisdom and power already within you."*

*-Ed Bernard, Ret. Vice Chairman, T Rowe Price*